



THE FOUNDATION FOR MELANOMA RESEARCH

The Foundation for Melanoma Research (FMR) has two missions (1) to increase awareness of the disease and (2) to promote research into it. Save Our Skin (SOS) addresses the first mission.

Melanoma, the fastest growing and one of the deadliest cancers, presents a cruel paradox. The teen years are the years when the sun can cause severe skin damage. This damage can lead to melanoma decades later. The teen years also are when people are most likely to take chances with the sun. They bask for beauty and forgo protection in active outdoor lives.

FMR aims to resolve this paradox where it starts – with High School students. We have developed a pilot program called Save Our Skins (SOS) and we invite all students to participate.

How to do an SOS program:

- Assemble an SOS committee of fellow students
- Contact the School Nurse: (see form letter) ask permission to use her room and her advice and support and to be a member of the committee
- Ask school counselor for advice and support and to be a member of the committee
- Get a school permission slip for parental permission for skin screening
- Ask a 2 local dermatologists to screen (see form letter)
- Ask them what time and materials they need and what to tell the students and parents about the screening.
- Ask dermatologists for brochures
- Apply to the Foundation for Melanoma Research for money to buy materials for posters and give-aways-up to \$200.
- Set a date and time
- Use a campaign of posters and announcements two weeks before the date students would sign up for skin-screening times.
- Make permission slips available to students with a deadline for signing up
- Schedule screening time to match dermatologists' availability
- Ask local grocery store for cookies and juice for nurse's room
- Lay out brochures and give-aways in nurse's room
- After the event, ask committee members to write thank you notes to all participants
- Write a one page report to the Foundation describing the event.
- Receive a recognition award from the Foundation for Melanoma Research for initiating, organizing and implementing an important service project to prevent the increase of the nation's fastest rising cancer.
- Be eligible for the \$500 Joey Pacifico/Noreen O'Neill Scholarship Award. There are two available.
- Contact Kate O'Neill for more information: info@foundationformelanomaresearch.org 215-370-0287